

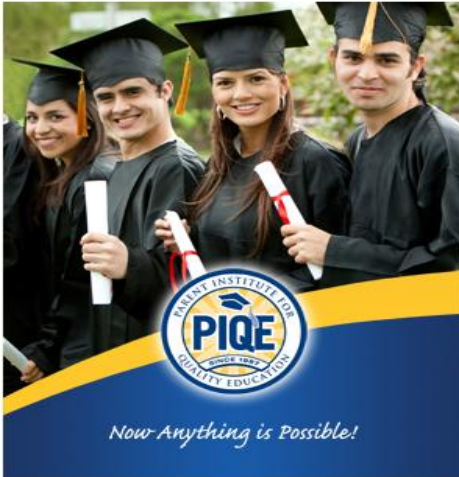


OUHSD – Students First: every day, every school, every classroom

FRIDAY UPDATE

October 14, 2011

STUDENT NEWS



Parent Institute for Quality Education is coming to Pacifica High School

October 19th, 2011 @ 6:00 p.m. Cafeteria

PIQE creates partnerships between parents, students and educators to further students' academic success. Pacifica High School values and is bringing this organization to our community to better support our students. PIQE is helping us to support our students and parents to enhance personal and career success for every student. **Ms. Cuba Montero** has organized this program which will provide the necessary tools so our parents can be better prepared to support our students. Thank you Ms. Montero!

Now Anything is Possible!

MESA



OPPORTUNITY to GET INVOLVED! The **MESA club** will begin **airplanes** and **wind energy machines** after school. **Any adults** welcome to come join in the fun in Mrs. Zehner's, room E-219 school. Please encourage your students to join MESA!



early this year building **model** interested in participating would be **Thursdays** and **Fridays** after

Staff Development!

On Thursday, October 6, 2011, the OUHSD hosted its **7th Annual EL Conference: Talking about Learning**. The event was held at Hueneme High School with **Dr. Norm Gold** as the keynote speaker. After dinner, there were two breakout



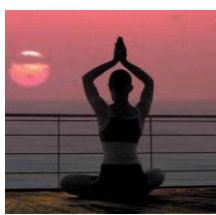
sessions. Social Science teacher **Mrs. Brianna Davis** presented a session entitled: *Increasing Academic Vocabulary and Student Oral Interaction*. **Mr. Jaime Moreno**, social science teacher, presented at the second session about his vocabulary strategies used in bilingual World Civ. and Geography. Teachers **Mercedes Cuesta, Jennifer Whitlock, Irma Wijnveldt, Janice Zehner, Joni Corey, Meghann Mills, Janice Zehner, Gabriel Valdez**, and paraeducator **Alma Moreno** attended the conference. The evening provided an opportunity for OUHSD teachers to share instructional strategies and tips with other

teachers to increase the oral academic language of our ELs and every student.

Math Co-Department Chair **Todd Sheehy** shares good news! "Well now is as good a time as ever... My wife **Sarah** and I are going to be having a **baby girl**, so far we are 18 weeks along and are very excited and looking forward to being parents. The due date will be March 10th, will keep you all posted as things progress."



P.E. Instructor, **Lorraine Crane**
"For the fourth consecutive year, I was California Workshop for **PHYSICAL**



reports on the annual **PEACH Conference:** welcomed back to present and instruct for the 65th Annual **EDUCATION, ATHLETIC COACHING AND HEALTH** at

California Polytechnic State University, San Luis Obispo, CA, from July 15-24, 2011. I taught a morning **Yoga Vinyasa Flow class**, a progressive week long practice, which included classical Iyengar, Ashtanga, and Vinyasa-flow, as well as anatomy, philosophy, asana practice, instructional modifications and restoratives, and how to implement into any physical education program. The **Instrumentation & Orienteering class** included an Orienteering Challenge on the beautiful campus of Cal Poly, San Luis Obispo, where fellow Physical Educators could test compass navigational skills learned. The **Morro Bay Adventure** was an exciting scavenger hunt for historical information on foot or kayak, with lesson plans on how to put together a successful Outdoor Education unit for middle/high school P.E.

Crane earns Zumba Instructor Certification:



“On September 17, 2011, I completed an all day intensive Zumba Basic level 1 Instructor Certification and am now a part of the Worldwide Zumba Instructor Network. I will begin Zumba instruction one day a week to my Aerobics classes, second semester.”

WASC



Hooray! The **WASC Self-Study Report** is finally completed! A big thank you to Self-Study Coordinator **Heidi Resnik**, Instructional Data Resource Teachers **Katie Pugh** and **Brianna Davis**, Editors **Kara Reed** and **Candis Gillett**, Assistant Principals **Tony Diaz** and **Roger Adams**, and to **Principal Beltrán** for fact checking, data mining, and proofreading! This was quite an endeavor! See the entire report at <http://www.pacificahigh.us/about/docs/2011SelfStudy.pdf>

Also, on Tuesday, October 11, 2011, **Focus Groups** met to discuss the **Findings and Evidence** for the WASC/CDE Criteria. We had excellent discussions and assisted each other in understanding how this step in the WASC visit is orchestrated. Thanks to the **Focus Group Leaders** for facilitating: **Jane Akune** and **Mike Castañón** (Category A), **Mark Brondos** and **Sofia Castañón** (Category B), **Ramon Rodriguez** and **Nic Gafurri** (Category C), **Erin Huizinga** and **Randy Guzik** (Category D), and **Burna Hartman** and **Reiko Evans** (Category E). And thank you to all the Focus Group Members for their valuable perspectives and input!



Self-Study Coordinator **Heidi Resnik** met with Culinary Arts teacher **Linnea Howe** to finalize the menu for the visit.



ATHLETICS



Football opens the 2011 PVL season this Friday at Rio Mesa. Currently the Tritons are 2-3 and looking forward to a successful PVL season. Next week our football team will host CIHS for our 2011 Homecoming game. Also On Friday, our Triton X-country runners will be at Moorpark College competing in the 2nd PVL meet of the year and Saturday we will have both Boys' and Girls' X-Country athletes running at the Mt. Sac Invitational Meet.

